

The Philosopher's Path

SOAP Note

Client Name _____ Date _____ Path/Session _____

S Subjective

What the client reports: symptoms, goals for the session, changes since last visit.

O Objective

What you observe and palpate: posture, tissue quality, range of motion, findings.

A Assessment

Your clinical interpretation: what the findings suggest, progress toward goals.

P Plan

Treatment provided this session, and the plan for next time.
